



## Drug instructions for Topical preparations

### 用藥指導-局部用藥(英文)

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#### Eye drops and eye ointment

1. Carefully read through instructions given on the box. Wash your hands and clean secretions of your eyes from inside out. Dry your eyes with paper towels or cloth.
2. Make sure suspension is thoroughly shaken. Remove the bottle cap and keep it on a dry clean place.
3. Set your head back and look up toward your eyebrows. Gently pull down your lower eyelid and drip the eye drop. Make sure the top of the bottle does not touch your eyes.
4. Gently press your fingers against eyelids close to your nose for 1 - 2 minutes to stop tears and medicine from dripping off the tear duct.
5. After dripping the eye drop, gently close your eyelids for 1 to 2 minutes. Turn your eyeball for medicine absorption.
6. When you are prescribed with both eye drop and ointment, wait for at least 5 to 10 minutes before apply second kind of medicine.
7. When there is blinking and irritation, clean your eyelids. If the problem persists, call or visit your doctor.

#### Ear drops

1. Have the irritated ear facing up, so you can have your ear drops. Gently pull the ear lobe up and back for adults and down and back for children under age 3.

2. Squeeze the instructed number of drops in the ear.
3. Hold the position for 2 - 3 minutes to have the drops drip into ear canal.
4. Repeat the procedure 15 minutes later if there is irritation or infection with your other ear.

## Suppository

1. Wash your hands before removing foil or plastic wrap from the suppository. Moisturize the end of the suppository with warm water if necessary.
2. Lie on one side with one leg bent and the other straightened. Gently and firmly push suppository into your rectum for about 5 centimeter to prevent slipping out.
3. Close your legs; lie or sit still for 15 minutes.

## Vaginal suppository and tablet

1. Preserve suppositories in the fridge to prevent it from melting.
2. Wash your hands before opening the plastic wrap; remove vaginal suppository and moisten one end of it with warm water.
3. Lie down with your knees bent and both legs spread apart; gently insert it a finger in depth of your vagina. Maintain the lying position for at least 10 minutes.
4. Use it before going to sleep and do not panic when suppository melts.
5. Do not have sexual intercourse during the treatment course.

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若有任何疑問，請不吝與我們聯絡  
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